

PANCAKES WITH NANA

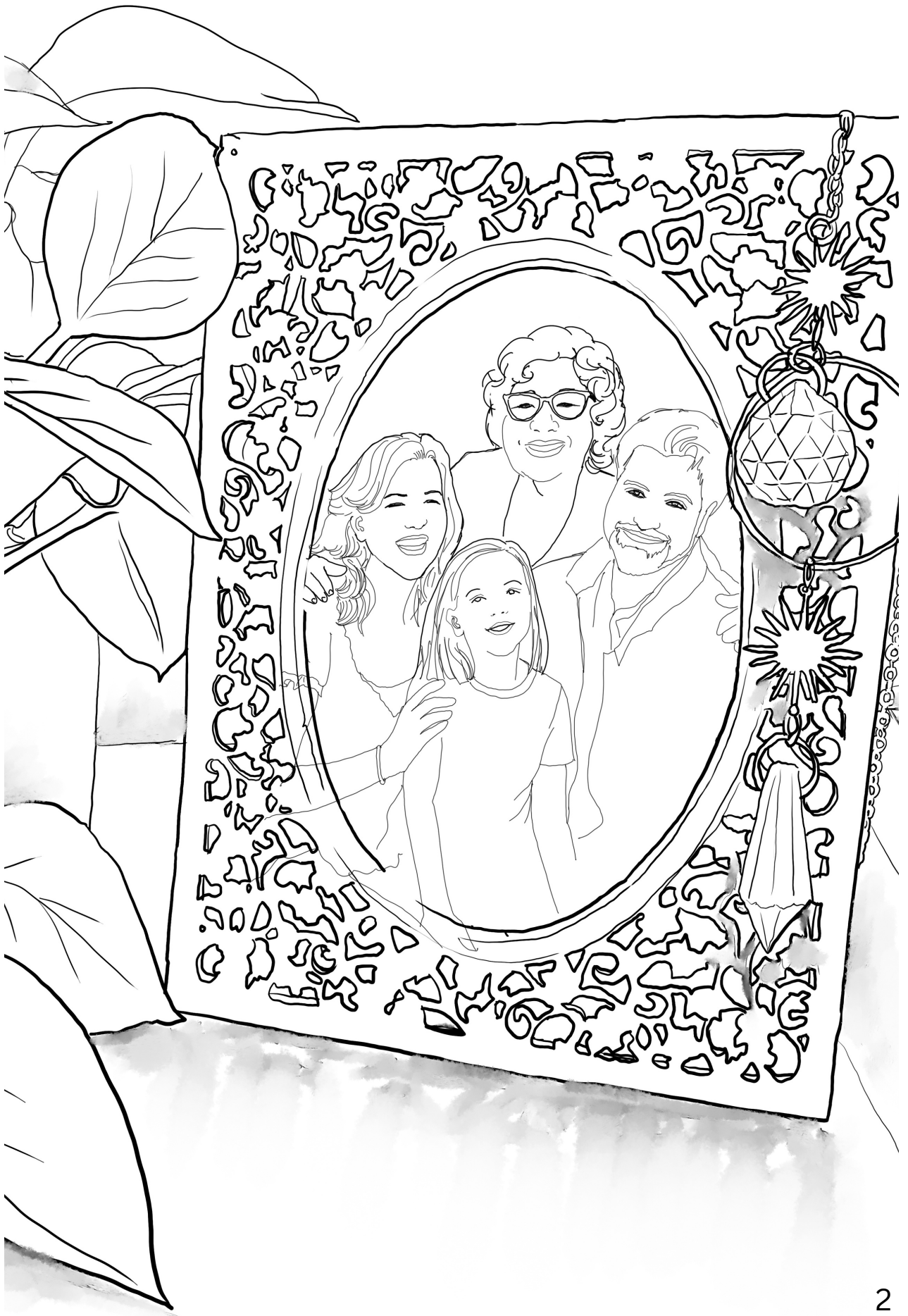


Colouring Book

Written by Chelsea Peddle
Illustrated by Christina Lo'ren Morrison

To order *Pancakes with Nana* and for free resources go to
www.chelseapeddle.ca







Who's important to you?
Draw a portrait of your people.



What special activities do you like to do with your person?



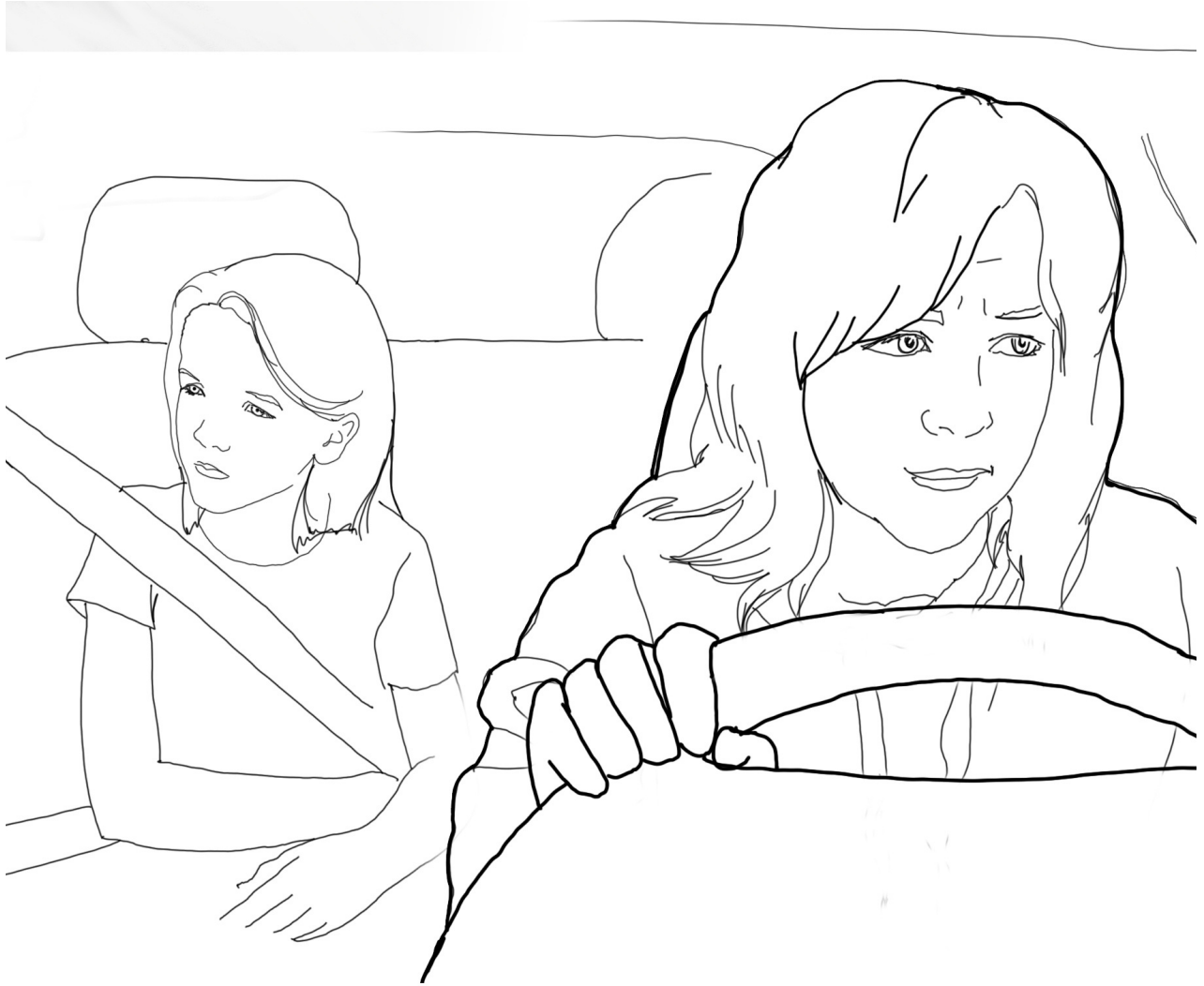
What helps you feel safe and cozy?



What feelings do you have about your person's MAiD?
Sad? Confused? Angry? Scared?



What questions do you have?



What do you want to talk about?



Where do you go when you are feeling sad? Who can help you?



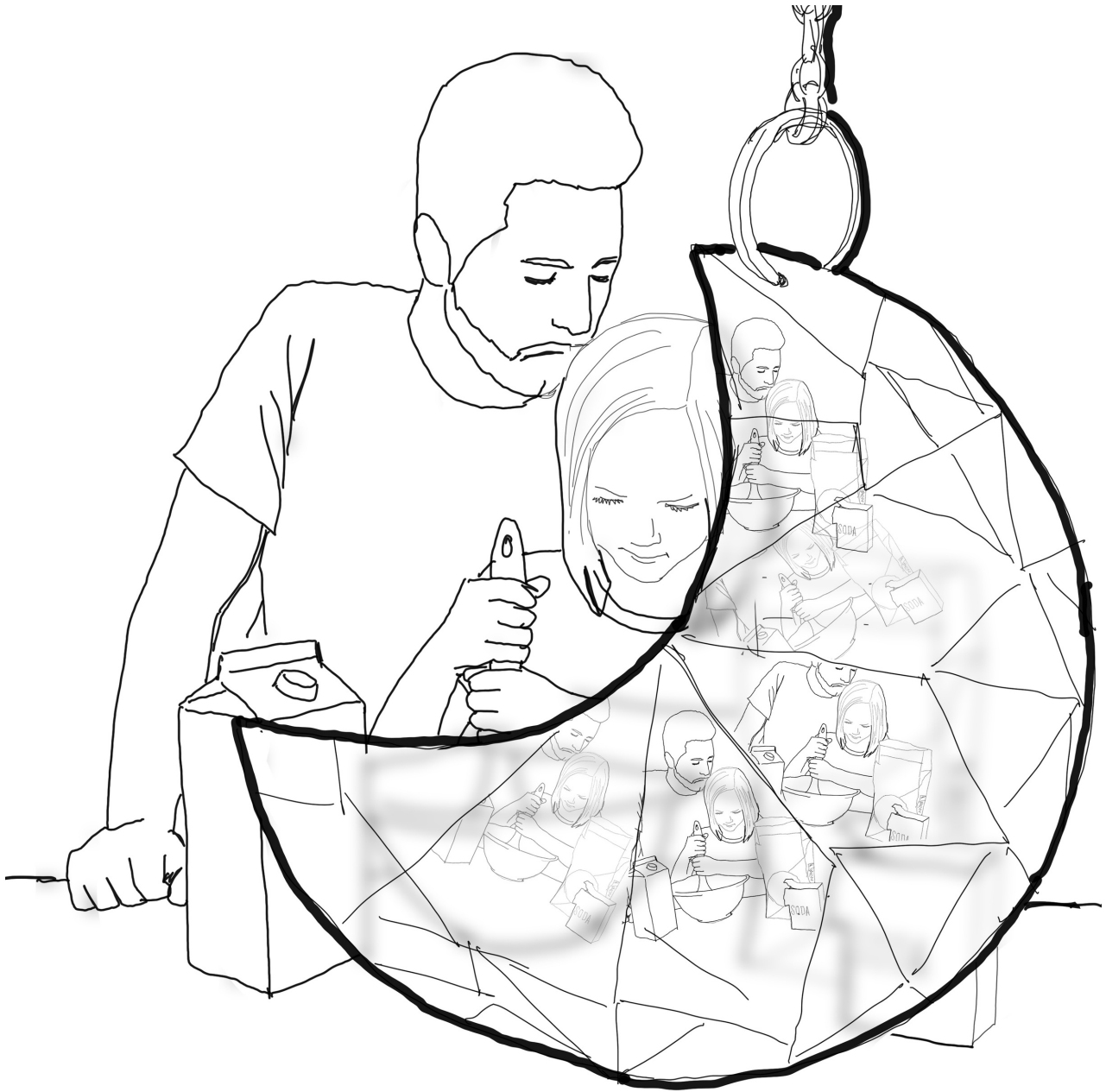
What do you want to remember about your person?



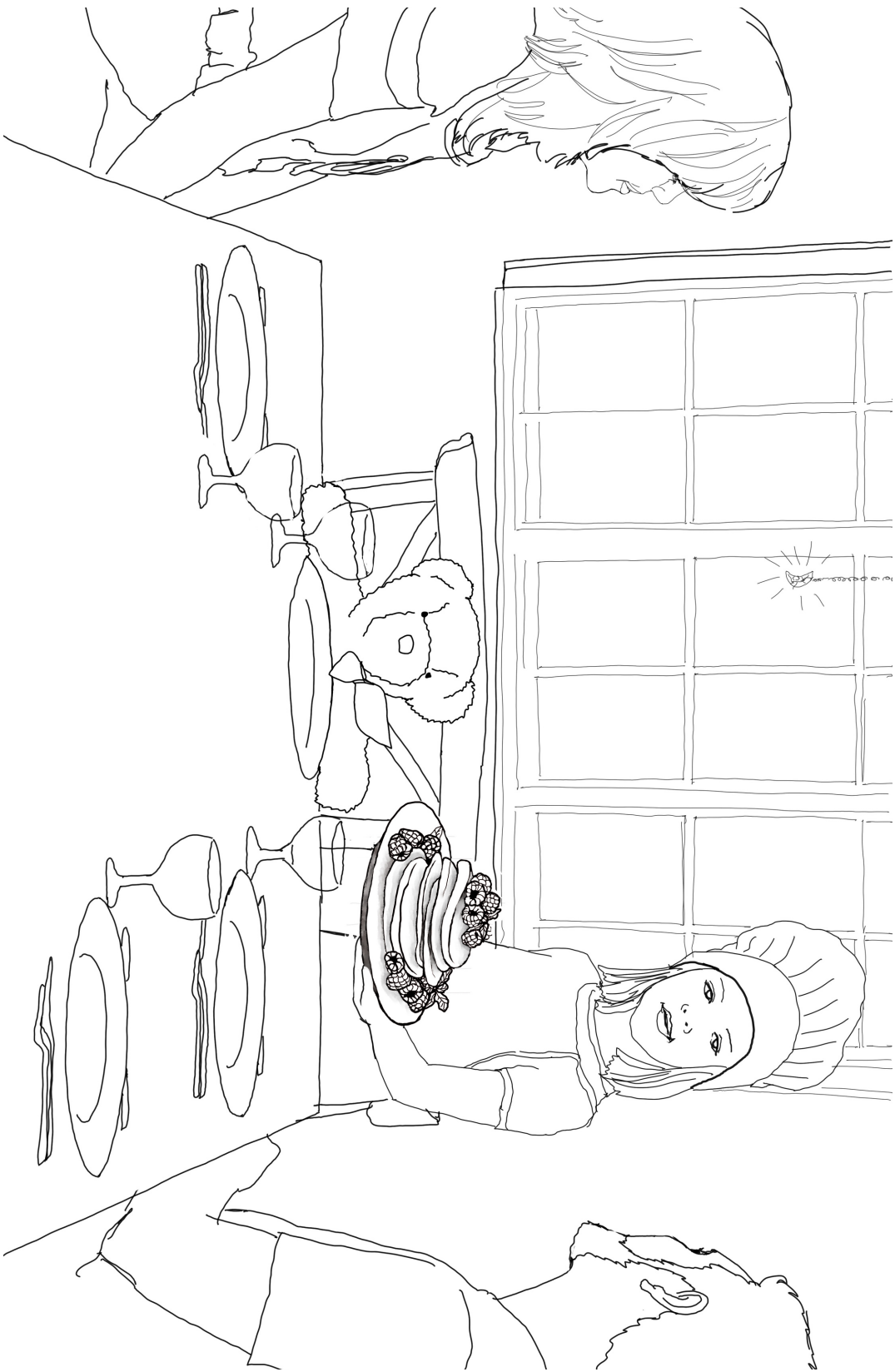
How can you hold onto those memories? Make a photo album? Make a playlist of your person's favorite songs?



Is there a special object that reminds you of your person that you want to keep close?

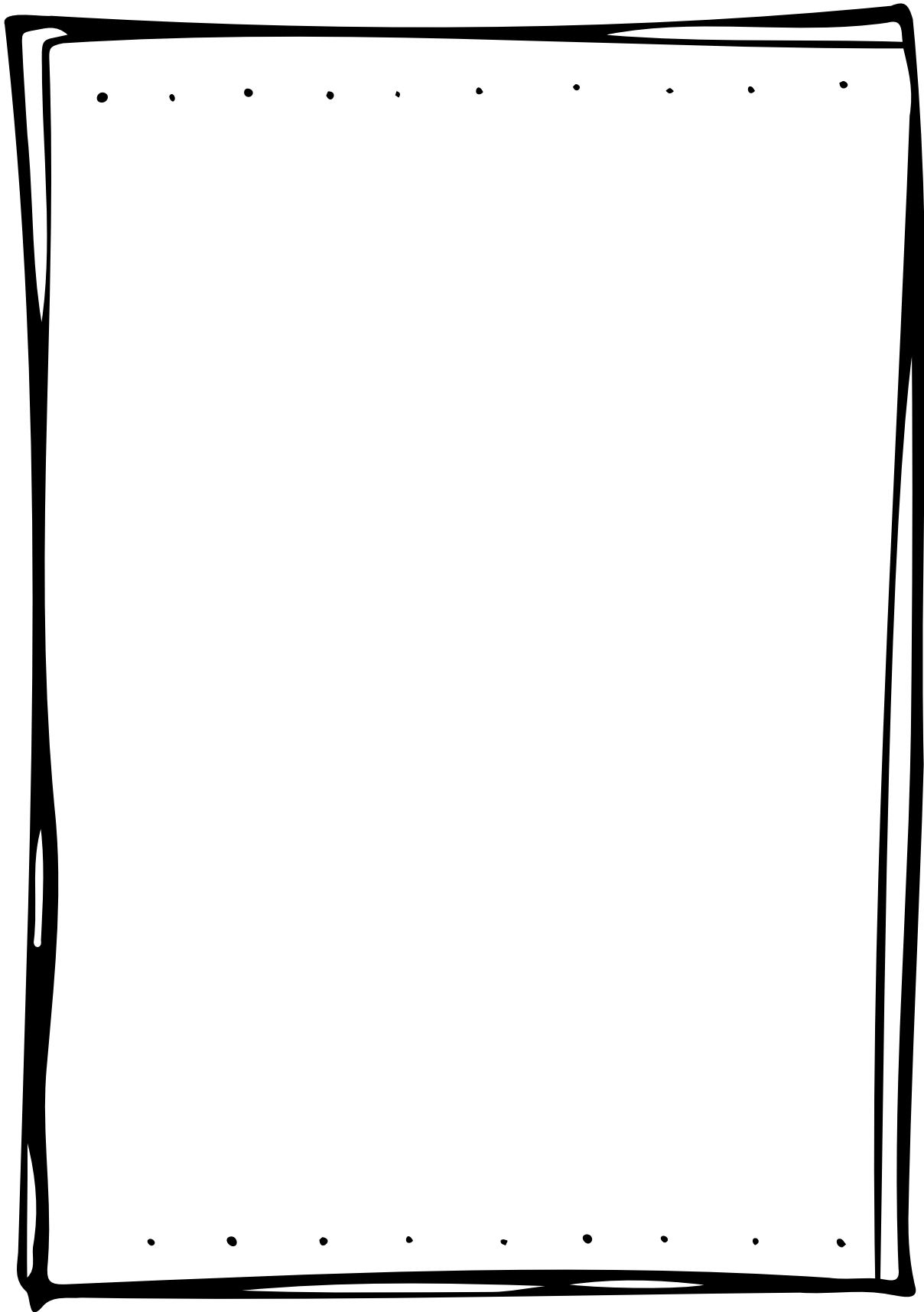


Who can help you when you have big feelings?



What wishes do you think your person has for
you?

What are your dreams?



Draw a picture of what matters most to you right now.